



# Head Over Heels 2010 Summer Camp

Join our SuperStar summer and learn new skills, exercise, and have plenty of FUN!



For a memorable experience, send your child to a Head Over Heels summer camp. This is not your average summer camp! We offer great exercise through skills that teach body awareness, balance, strength, flexibility, coordination and sequencing. We offer weekly camps throughout the summer for ages 3 (potty trained) to 12 years. We have half day camp from 9am – 1pm and full day camp from 9am – 4pm. Extended care hours are available from 7am – 9am and 4pm – 6pm, upon request. Each themed camp will provide plenty of gymnastics, arts and crafts, a special event day, a field trip to the Bounce House, a weekly special performer, and special themed activities and games. Camps will conclude on Friday with a pizza lunch and an exciting performance so all of our campers can show off their newly learned or perfected skills. For a detailed schedule of each themed camp and an enrollment packet visit our website: [www.hohgym.com](http://www.hohgym.com) or stop by the front office.

Gymnastics Camp - Participants of our gymnastics camp will learn age and ability appropriate skills on beam, bar, floor, vault and trampoline. **Children will be separated based on age and availability.** Campers will incorporate all skills learned into a routine which will be performed on Friday for family and friends.

Camp Dates:  
May 31 – June 4  
June 7 – June 11  
June 14 – June 18  
June 21 – June 25  
June 28 – July 2  
July 5 – July 9  
July 12 – July 16  
July 19 - July 23  
July 26 – July 30

Weekly Theme  
Summer Kick-Off Party  
Pirates & Princess  
Fun & Fitness  
Music Madness  
Party in the USA  
Adventureland  
Fairytale  
Camper's Choice  
End of Summer Luau



### Early Bird Discount

Register your child by May 7, 2010 to receive  
**\$10 OFF** on first camp enrollment  
**\$20 OFF** on second camp enrollment  
**\$35 OFF** on third camp or entire summer enrollment  
**This offer may be used once per family. Not valid for daily rates.**

### Half Day Camp

Time: 9:00am – 1:00pm  
Extended care hours available from 7am – 9am for an additional \$5/hr.  
Weekly Cost: \$115  
Daily Cost: \$28  
**\*\*Valid Monday thru Thursday\*\***

### Full Day Camp

Time: 9:00am – 4:00pm  
Extended care hours available from 7am – 9am and 4pm – 6pm for an additional \$5/hr.  
Weekly Cost: \$180  
Daily Cost: \$45  
**\*\*Valid Monday thru Thursday\*\***

A deposit of 50% is required to secure your child a camp spot. Drop-ins will be accepted if space is available. Deposit is non-refundable within 10 business days of the camp start.

### ENTIRE Summer Camp

Half Day Camp: \$882  
**Savings of 30%\***

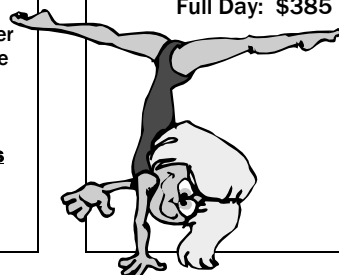
Full Day Camp: \$1315  
**Savings of 35%\***

(\*Based on our daily rate)

Your child may attend the entire summer for a discounted price. A 25% deposit is required to register for the ENTIRE summer. The remaining balance can be made in three installments, due on June 7<sup>th</sup>, June 28<sup>th</sup>, and July 19<sup>th</sup>. **The deposit is non-refundable within ten business days of the camp start.**

Ask about our **Frequent Camper Card!** 10 days of camp for:

Half Day: \$240  
Full Day: \$385



### Frequently Asked Questions?

#### Does my child have to be a member of Head Over Heels to attend summer camp?

In order for your child to attend a summer camp they must be a registered member of Head Over Heels. The annual registration fee is \$25 and \$20 for siblings. The registration fee is subject to change without notice.

#### How do I register my child for a summer camp?

You must complete a 2010 Camp Enrollment Form and pay your required deposit. The deposit is non-refundable within ten days of camp start date. Drop-ins are welcomed to attend camp however, camp space is not guaranteed.

#### Does my child have to attend the entire week or can they participate in one day of camp?

Participants may come for a single day of camp however our camps are scheduled and designed for weekly campers. Daily campers can be accommodated Monday thru Thursday only. Spaces are limited and weekly campers will have first priority of camp spots.

#### What does the camp cost include?

The weekly camp cost includes all special event costs, drinks, and a camp t-shirt. Daily campers may purchase a t-shirt for an additional \$15.

#### Are there any discounts available for multiple children or multiple camp registrations?

Yes! Siblings will receive a 10% discount. A child that is registered for multiple weeks will receive 10% OFF the second or more camp. The multiple week discount can NOT be combined with the sibling discount.

#### My child is coming to two camps. Will he/she receive two t-shirts?

Your child will only receive one t-shirt. The multiple camp discount takes into account this cost reduction.

#### Will HOH provide adequate staff to safely instruct and supervise my child while attending camp?

Our instructors are USA Gymnastics Safety Certified and there will be at least one First Aid/CPR certified staff member present at all times. Head Over Heels provides at least one staff member per 10 children. We assure you that your child's safety is our top priority!

#### What should my child wear during camp?

Normal gym attire is acceptable during summer camp. Long hair should be pulled up. No jewelry, buckles, or zippers. There may be some special events or activities that will require specific attire. Detailed information will be provided in the Special Event Info and Release Form located in the Camp Enrollment Packet.

#### Does my child need to bring a lunch?

Yes. All camp participants should bring a sack lunch. Head Over Heels will provide drinks. If your child is a full day camper please pack them a snack as well. A pizza lunch is provided on Fridays.

#### Does my child need to bring anything for the special events?

Some special events will require special attire. Most information is provided on the Special Events Info and Release Form located in the Camp Enrollment Packet.

#### Can I eat lunch with my child on Friday?

Pizza lunch will be provided at 11:30am. If you would like to join us for lunch, please note that on the Camp Enrollment Packet. An additional charge of \$3.00 is required for guests to attend our pizza lunch. That will include three slices of pizza and drinks.

#### What important information should I know about the Friday performance?

The performance will begin at 12:15pm and will last approximately 45 minutes. All family and friends are invited and encouraged to attend the performance.

Spaces are limited! Contact us TODAY to register!

770-704-1750

[info@hohgym.com](mailto:info@hohgym.com)

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